

# HEALING TOUCH

## Hand Techniques



Top of Head  
Pituitary



Eyes / Face  
Pineal Gland



Jaw / Throat  
Thyroid Gland



Back of Head /  
Neck  
Thyroid Gland



Upper Chest  
Thymus



Middle of Chest  
Heart



Upper  
Abdomen  
Adrenal Glands



Lower Abdomen  
Reproductive  
Glands