

9 Reasons to simplify your life

Meaning

Strip away everything that is meaningless...
If everything is important, nothing is important...

Time

Just say no...
more time for what matters...

Relationships

Thrive when you give them carefree timelessness

Clarity

Who you are and what matters most...
we make better decisions... less is more

Fulfillment

Take time to smell the roses... drink deeply... and savor
Savor is to taste and enjoy completely

Freedom

Simplicity is liberating.
Money, things, and commitments complicate our lives

Integrity

Live in alignment with our values... less opportunity for values to be challenged

Needs

More important than wants... we need so little, keep your wants simple.

Less

Really is more... and much better!

Abandoned values, abandon ourselves, separate ourselves from joy and happiness

"The richest man is not he who has the most, but he who needs the least." -Socrates

We are required to keep three appointments:

Three appointments: Self



SELF: WE CAN IGNORE OR AVOID OURSELVES...

- Keep a daily appointment/check-in: emerge with clear and firm sense
- The quality of our relationships relates to the quality of relationship with self
- You cannot give what you do not have...

Three appointments: God

DO WE RUN FROM OR AVOID GOD? ARE WE SEEKING HIS WILL?

- If we are running from God, we are running from ourself.
- Only in union with God do we discover and become our truest self.
- Put God first, Jesus did!
- SIMPLE



Three appointments: Death



EVERY PERSON DIES, BUT NOT EVERY PERSON LIVES.

- If you are not living, you are dying. Live life to the fullest!
- Nobody fears death more than those who have not offered their gifts to the world.
- Death is inevitable, but a well-lived life is not.
- Are you at peace with God? Are you ready to stand before Jesus Christ?