



CLEAN BREEZE SMOOTHIE

Prep time: 50 sec | Serves: 2

INGREDIENTS

- 2 ripe and peeled kiwis
- ½ cup coconut milk
- 6 ice cubes
- 1 small cucumber, chopped
- 1 cup kombucha, ginger-flavored
- 1 cup chopped kale
- ½ cup cranberries
- Cilantro to taste

NUTRITION DATA

253 calories | 14.9g fat | 29.4g carbs | 4.2g protein | 5.9g fiber | 13.4g sugars | 34mg sodium

STEPS

01

Combine the ingredients in a blender and blend for 30 to 60 seconds, or until smooth.

02

Pour into glasses and serve immediately, or store in the refrigerator for up to 3 days.



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Source: Outback Vision Protocol