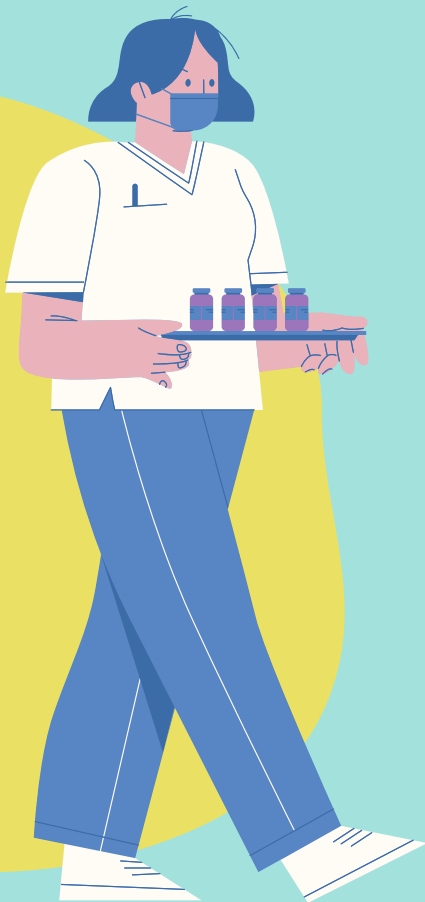


CANCER, MGUS, ALZHEIMER'S

"All diseases of inflammation"

Preventable,
Treatable,
and Reversible



God never intended
medicine to be
complicated or messy

1

Creator model of healthcare 5 pillars of wellness

- Water: ½ wt in ounces daily
- Plant based diet
- Exercise daily
- Sleep
- Love and Forgiveness in our hearts

2

Eliminate sugar, processed foods, minimize alcohol and caffeine

3

Institute a plant-based diet: vit C 1000 mg daily, vit D 5000 units daily, B complex vitamin with Zinc 20 mg daily

4

Selenium 100-200 mg daily
Magnesium glycinate 400 mg daily

5

Regular daily exercise

6

Sleep: encourage 7-9 hours (teas and essential oils: chamomile, peppermint, lavender, ginger, lemon, citrus)

7

Reconcile and encourage love and forgiveness

FOR MORE INFORMATION, VISIT:
WWW.DRGEORGEJ.COM

PUT THE BREAKS ON CANCER: MGUS

(Consult your provider)

PREVENT AND BEAT PROSTATE CANCER

Quercetin

Plant pigment that belongs to a group of compounds called flavonoids

Flavanoids

A polyphenol gives plants their bright colors, fragrances and unique tastes

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Berberine 500 mg up to three times a day

Bromelain 500 mg up to three times a day

Wobe-Mugos: papain 100 mg, trypsin 40 mg, and chymotrypsin 40 mg

Curcumin 900 mg daily with food for prevention: Cancer doses may be as high as 3600 mg three times a day.

Baicalin: 200 mg- 600 mg orally daily in divided doses

Garlic: 1-2 cloves daily

Nature's Anti-inflammatory and Anti-cancer treatment :

Quercetin



Curcumin



Resveratrol



Plant Tannins



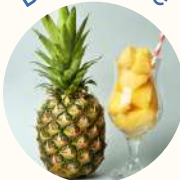
Garlic



Berberine



Bromelaine



Wobe-Mugos



Baicalin

