

PUT GOD FIRST!

Jesus specializes in brokenness

FACT:

**We are all broken.
So, in everything we do,
put God first.**

**Indeed, the author of
Life specializes in
fixing our brokenness.**

Give our trauma's, worries, fears, addictions, unlove, unforgiveness, and sins to God with a contrite heart and do not take them back.

WOUNDS OF THE SOUL

Many of us that face trauma's have pre-existing wounds of the soul: guilt, grief, abandonment and abuse. In fact, 90% of all physical, emotional, and mental problems come from wounds of the spirit- the spirit is Love, and Love is what connects all that is good.

There are no pills for this, we have to do the tough work of being **loving and forgiving of self and others.**

It is through our vision: to build a healthy, vibrant, and resilient nation that we can be empowered to live fully alive in mind, body, and spirit through the Creator model of healthcare.

Jesus is all & in all

In essence, we build up our "strategic reserves" to withstand the "challenges" in life (Insurance policy or savings account). Jesus is all and in all. We beautifully and wonderfully made in His image. We were made by God, for God, to return to God.

**GOD MADE
MAN IN HIS
IMAGE. GOD
IS LOVE AND
SO ARE WE**

We have been born with the DNA of the Creator of heaven and earth. What an awesome gift! Our bodies are temples of the Holy Spirit.

PUT GOD FIRST!

Do not let the devil come to steal, kill, and destroy. Jesus has come that we may have a life in abundance (John 10:10).

When appropriate, we need to get right with the Lord and each other.

“Therefore, confess your sins to one another and pray for one another that you may be healed. The prayer of a righteous person is powerful and effective (James 5:16).

Prayer is the best medicine

Jesus reminds us that when he goes to the Father, whoever believes in me will do greater things in His name. You may ask me anything in my name, and I will do it. (John 14:12-14).

Inhale Love, Exhale Gratitude

So, take control of your mind, inhale love, exhale gratitude and keep your focus on Jesus- moment to moment nurturing that “divine exchange.”

OUR RELATIONSHIP WITH GOD

When we do so, we move our relationship with God from our head into our heart where it belongs. We abandon those thoughts, feelings and emotions, unlove and unforgiveness that sabotage our relationships and healing. Darkness disappears when we turn the light on and fill our cup with the fruits of the spirit.

We have been given the power, authority, mandate, and commission to heal one another. Do we have the will?

Humbly reach for and never let go of the hand of Jesus, the gamechanger, talk to Jesus our guiding light. Jesus’s presence is peace for you and me. As King David, sang Psalms of thanks and praise to God, I, too, offer this song to the glory of God for all to live fully alive in mind, body, and spirit.