

A CULTURE OF KINDNESS

Lead with Love!

Inspired by the Holy Spirit

If we live by the Spirit, let us also walk by the Spirit. -Galatians 5:25



On a recent cold and blustery Saturday morning, while drinking coffee and journaling, the Holy Spirit came up big once again. We are working on our Creator model of healthcare curriculum. How do we simplify and operationalize a culture of kindness? Here is what the Holy Spirit said:

- Lead with Love-the power of Love is God
 - Acknowledge his presence in every meeting, conference, and discussion.
 - Reserve a seat for Jesus, post his picture, and praise his Holy name.
 - Centering exercise: Inhale Love, exhale gratitude: focus on Jesus
- Find pure peace in the presence of Jesus
 - Talk to Jesus my guiding light
 - Pray is the best medicine: Nurture the Divine exchange
 - Worry to Worship and God turns our Battles to Blessings
- Creator model of Healthcare: All life and healing come from God.
 - Empowered by the 5 pillars of wellness: "Own your health"
 - Discipline-we are all responsible for our health and choices
 - The Glory of God is man/woman fully alive in mind, body, and spirit.

TALK TO JESUS MY GUIDING LIGHT